

### 2023 Annual Notice to Providers of Laboratory Compliance

Dear Valued Healthcare Partners,

Thyroid Specialty Laboratory, Inc., d/b/a TEN Healthcare, maintains an active compliance program that reflects our commitment to conduct business in compliance with all federal, state, and local laws. As a participant in federally funded healthcare programs, TEN Healthcare delivers annual provider information and education regarding laboratory compliance, billing and coding guidelines, and information on the responsibilities we share.

TEN Healthcare is providing this notice in accordance with the TEN Healthcare compliance policies and recommendations made by the Office of Inspector General (OIG) of the Department of Health and Human Services. The OIG recommends in its Compliance Program Guidance that clinical laboratories send notices to physicians and other providers who use their services to inform the recipients of the laboratory's policies for test ordering and billing and provide certain other information regarding the laws and regulations that govern laboratory services.

The following information is intended to promote awareness of federal regulations and to explain the requirement for physicians to furnish appropriate documentation when ordering testing services. If you have questions about the contents in this notice, we encourage you to contact us for more information at toll-free number (844) 836-3890 or customerservice@tenhealthcare.com.

To ensure compliance with applicable reimbursement laws, please be sure to:

- Order only the tests necessary for diagnosis or treatment of a specific patient. Each component of a testing panel must be medically necessary in order for the panel to qualify for Medicare reimbursement.
- Provide a diagnosis, sign or symptom for each test ordered.
- Document this information in the patient's medical record followed by the ordering physician's signature.
- Obtain an ABN from Medicare patients when tests do not meet the medical necessity or other coverage criteria.

### Medical Necessity

Medicare will only pay for tests that meet the Medicare coverage criteria and are medically necessary for the diagnosis or treatment of the individual patient. Criteria to establish medical necessity for drug testing must be based on patient-specific elements identified during the clinical assessment and documented by the clinician in the patient's medical record. Tests used for routine screening of patients without regard to their individual need are not usually covered by the Medicare Program, and therefore are not reimbursed. As a participating provider in the Medicare Program, TEN Healthcare has a responsibility to make a good faith effort to ensure all tests requested are performed and billed in a manner consistent with all federal and state law regulations. As the physician, you are responsible for documenting medical necessity in the patient's permanent medical record and for providing appropriate diagnostic information in the form of ICD-10 codes to the highest level of specificity or a narrative to TEN Healthcare (note: The Office of Inspector General takes the position that a physician who orders medically unnecessary tests for which Medicare or Medicaid reimbursement is claimed may be subject to civil penalties under the False Claims Act.) Refer to The False Claims Act ("FCA") at the end of the document for further details.

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### Recent policy changes and health plan actions, including increased use of post-payment audits, has encouraged TEN

Healthcare to more aggressively enforce long-standing policies that patients' medical records must include documentation of medical necessity for ordering tests. This is specified in each TEN Healthcare Order Requisition form that is signed by the provider.

### **Medicare National and Local Coverage Determinations**

The Medicare Program publishes National Coverage Determinations (NCDs), and local Medicare contractors publish Local Coverage Determinations (LCDs) for certain tests. These policies identify the conditions for which the included tests are or are not covered or reimbursed by Medicare with reference to specific ICD-10 codes. For a complete list of NCD/LCD policies, with test name(s), CPT and ICD-10 code(s), please review:

### **Test Order Requisition**

To ensure accurate processing and testing, efficient patient identification, and timely reporting of laboratory results, valid laboratory orders must include the following:

- patient's full legal name
- date of birth
- date and time of collection
- specimen source (when applicable)
- diagnosis code
- the licensed ordering practitioner's name
- facility name and address

All orders must be signed and dated by the provider. Signature stamps are NOT acceptable.

Upon request by TEN Healthcare or its payers/auditors, ordering providers are required to provide any/all chart documentation (including physician signature) that reflect the actual lab order and supports the authenticity and medical necessity of the lab order(s) submitted.

### **Test Ordering**

A standard TEN Healthcare test requisition form should be used when ordering tests. This requisition is designed to emphasize physician choice and encourage physicians to order only those tests which the physician believes are appropriate and medically necessary for the diagnosis or treatment of each patient. If TEN Healthcare receives a test order on a non-TEN Healthcare requisition form or an incomplete TEN Healthcare requisition form, processing of your test order may be delayed. As necessary, TEN Healthcare will contact physicians to have them resubmit the test order on a TEN Healthcare test requisition form or otherwise clarify each specific test being ordered. The information you provide on the test requisition should accurately reflect the medical reasons for requesting the specified tests.

To avoid false claim submission, be sure to: (i) order only those tests necessary for diagnosis or treatment; (ii) provide a

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diagnosis, sign or symptom for the test(s) ordered; (iii) document this information in the patient's medical record; and (iv) obtain an Advanced Beneficiary Notice (ABN) from the Medicare patient when tests do not meet medical necessity criteria. A completed requisition form should include the following information: collection date, patient name, patient's date of birth, test(s) to be performed, indications as to why the test is being ordered (such as a diagnosis code), and any additional information relevant and necessary to a specific test to assure accurate and timely testing and reporting of results. In the event of a Medicare or compliance audit or request for medical necessity documentation, TEN Healthcare may request a copy of your medical record documentation to support the medical necessity of the test that was ordered.

### **Verbal Test Orders**

Medicare regulations require that all orders for laboratory tests be in writing. If a physician or his/her authorized representative orders a test by telephone or wishes to add a test to an existing order, a written order is required to support the verbal order. In these cases, TEN Healthcare will send a confirmation of the verbal order request to the ordering physician, requesting it to be signed and sent back to the laboratory for its records. Testing will not be performed until the signed confirmation or a properly completed TEN Healthcare requisition form is returned to the laboratory.

#### ABN

If a physician requests a test for a Medicare beneficiary and reports a 'non-covered' diagnosis, the patient must be notified prior to specimen collection and given the opportunity to sign the Advance Beneficiary Notice (ABN). The ABN must be completed for any Medicare patient where claim denial is anticipated based on medical necessity, frequency limitations or other Medicare policy. Medicare does not cover most routine screening tests. The signed, original ABN must be attached to the original lab order prior to submission. Per Medicare rules, routine provision of the ABN on all Medicare beneficiaries is considered an unacceptable practice. The ABN Form CMS-R-131, and instructions for use were approved by the Office of Management and Budget (OMB) for renewal in 2020. The mandatory start date for the use of this renewed ABN form was 1.1.2021. Please check the expiration date located in the lower left-hand corner of the ABN, to assure the most current form is being utilized and completed when an ABN is necessary for a Medicare beneficiary, (Exp. 6.30.2023).

Information about ABNs may be viewed at: <a href="http://www.cms.gov/Medicare/Medicare-General-Information/BNI/ABN.html">http://www.cms.gov/Medicare/Medicare-General-Information/BNI/ABN.html</a>

### **Patient Privacy (HIPAA)**

Under the Health Insurance Portability and Accountability Act (HIPAA), TEN Healthcare is a health care provider and a covered entity. It is our policy to comply with the letter and intent of the HIPAA privacy and security standards.

### Inducements

It is the policy of TEN Healthcare to comply with all aspects of the federal and state laws and regulations governing physician self-referral, most prominently the federal Stark Law. The Stark Law's self-referral ban states that if a financial relationship exists between a physician (or an immediate family member) and a laboratory (or certain other kinds of healthcare providers), and the relationship does not fit into one of the law's exceptions, then (a) the physician may not refer Medicare patients to the laboratory and (b) the laboratory may not bill Medicare for services referred by the physician. The kinds of relationships between laboratories and physicians that may be affected by these laws include

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the lease or rental of space or equipment and the purchase of medical or other services by a laboratory from a referring physician.

Federal law prohibits offering or paying any remuneration – meaning anything of value – to induce the referral of tests that are covered by Medicare, Medicaid or other federal health care programs. Any form of kickback, payment or other remuneration that is intended to secure the referral of federal health care program testing business is strictly prohibited and should be reported to TEN Healthcare by calling (844) 836-3890.

### **Eligible Provider Enrollment (PECOS)**

Physicians and others who are eligible to order and refer items or services need to establish their Medicare enrollment record with a valid National Provider Identifier (NPI) and must be of a specialty that is eligible to order and refer. https://pecos.cms.hhs.gov/providers/index.html

### **Medicare National and Local Coverage Determinations**

The Medicare Program publishes National Coverage Determinations (NCDs), and local Medicare contractors publish Local Coverage Determinations (LCDs) for certain tests. These policies identify the conditions or other circumstances, including diagnosis codes, for which the included tests are or are not covered or reimbursed by Medicare. Further information can be found at the following website:

https://www.cms.gov/medicare-coverage-database/new-search/search.aspx

Based upon the OIG's recommendation, we are providing you with a link to the Medicare laboratory fee schedule, which may be found on the CMS webpage at <u>http://www.cms.hhs.gov/ClinicalLabFeeSched</u>. Please note that the Medicaid reimbursement amount may be equal or less than the amount of Medicare reimbursement that TEN Healthcare will receive on the tests you order.

### **CMS National Coverage Policy**

Title XVIII of the Social Security Act, Section 1862(a)(1)(A) states that no Medicare payment shall be made for items or services which are not reasonable and necessary for the diagnosis or treatment of illness or injury. Code of Federal Regulations (CFR) Title 42 § 410.32 indicates that diagnostic tests may only be ordered by the treating physician (or other treating practitioner acting within the scope of his or her license and Medicare requirements) who furnishes a consultation or treats a beneficiary for a specific medical problem and who uses the results in the management of the beneficiary's specific medical problem. Tests not ordered by the physician (or other qualified non-physician provider) who is treating the beneficiary are not reasonable and necessary (see 42 CFR § 411.15(k)(1).

Except where authorized by statute, Medicare does not cover diagnostic testing used for routine screening or surveillance.

Medicare's Clinical Laboratory Fee Schedule (CLFS), including all CPT codes, can be found at: http://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/ClinicalLabFeeSched/index.html

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#### https://www.cms.gov/files/document/mac-covid-19-test-pricing.pdf

https://www.cms.gov/newsroom/press-releases/cms-changes-medicare-payment-support-faster-covid-19diagnostic-testing

### Applicable Medicare 2023 Clinical Laboratory Procedure Codes

Procedure Code 36415 80048 80051 80053 80061 80069 80074 80076 80151 80156 80158	Test Specimen collection, venipuncture Basic Metabolic Panel Electrolyte Panel Comprehensive Metabolic Panel Lipid Panel Renal Function Panel Hepatitis Panel, Acute Hepatic Function Panel Amiodarone Carbamazepine Cyclosporine
80162 80164	Digoxin Valproic acid, total
80171	Gabapentin, blood
80177	Keppra
80183	Oxycarbazepine
80184	Phenobarbital
80185	Phenytoin
80307	Presumptive drug class screening
80321	Ethyl glucuronide
80321	Ethyl sulfate
80323	Cotinine
80323	Nicotine
80324	Amphetamine
80324	Methamphetamine
80324	Phentermine
80325	Amphetamines, 3 or 4 drugs
80336 80336	Amitriptyline Designation
80336	Desipramine Imipramine
80336	Nortriptyline
80343	Aripiprazole
80343	Haloperidol
80343	Quetiapine
80343	Risperidone
80345	Butalbital
80345	Secobarbital
80346	7-Aminoclonazepam
80346	Alprazolam
80346	Clonazepam
	cionalopum

Diazepam
Hydroxyalprazolam
Pregabalin
Zolpidem
Carisoprodol
Cyclobenzaprine
Meprobamate
Skeletal muscle relaxants, 3 or more
Butylone
Ethylone
MDPV
Mephedrone
Tapentadol
o-DM Tramadol
Tramadol
Urinalysis
Albumin
Alpha-1 antitrypsin
Ammonia
Amylase
APO-A1
АРОВ
Beta-2 microglobulin
Bilirubin, total
Bilirubin, direct
Vitamin D
Calcium
Bicarbonate
Ceruloplasmin
Chloride
Cholesterol, total
Cortisol
Creatinine Kinase
Creatinine
Vitamin B12
Cystatin C
DHEA-S
Estradiol
Ferritin
Folate
Folic acid
lgA
lgG
lgM
Glucose
Gamma glutamyl transferase
Fructosamine
FSH
Luteinizing hormone
Haptoglobin



83036	HbA1C
83090	Homocysteine
83525	Insulin
83540	Iron
83550	Iron binding test
83615	Lactate dehydrogenase
83655	Lead
83690	Lipase
83695	Lipoprotein A
83718	HDL
83721	LDL
83735	Magnesium
83880	ProBNP
83992	Assay for phencyclidine
84075	Alkaline phosphatase
84100	Phosphate
84132	Potassium
84134	Prealbumin
84144	Progesterone
84146	Prolactin
84153	Total PSA
84154	Free PSA
84155	Total protein
84207	Vitamin B6
84270	Human sex hormone binding globulin
84295	Sodium
84305	
84403	Insulin-like growth factor Testosterone
84425	Vitamin B1
84436	T4
84439	FT4
84443	Thyroid stimulating hormone
84450	Aspartate aminotransferase
84460	Alanine aminotransferase
84466	Transferrin
84478	Triglycerides
84479	T-Uptake
84480	T3
84481	FT3
84520	Blood urea nitrogen
84550	Uric acid
84702	HCG-Beta
84999	Kappa free light chain
84999	Lamba free light chain
85014	Hematocrit
85018	Hemoglobin
85025	CBC w/ auto differential
85048	WBC
85610	PT/INR
86038	Antinuclear antibodies, screen

86039	Antinuclear antibodies, titer
86060	Anti-Streptolysin O
86140	C-Reactive protein
86141	C-Reactive protein, high sensitivity
86160	C3
86160	C4
86301	CA-19
86430	Rheumatoid factor
86480	Tuberculosis
86618	Lyme disease antibody
86695	Herpes simplex 1
86696	Herpes simplex 2
86703	HIV Duo
86704	Anti-HBc II
86705	Anti-HBc IgM
86706	Anti-HBs
86708	Anti-HAV II
86709	Anti-HAV IgM
86780	Syphilis
86787	Varicella zoster
86803	Anti-HCV
87070	Wound culture
87081	Culture, streptococcus
87086	Urine culture
87340	Anti-HBsAg
87341	HBsAg confirmatory
87350	HBeAg
87481	Candida albicans
87481	Candida dubliniensis
87481	Candida glabrata
87481	Candida krusei
87481	Candida Iusitaniae
87481	Candida parapsilosis
87481	Candida tropicalis
87486	Chlamydia pneumoniae
87491	Chlamydia trachomatis
87491	Clostridium difficile
87495	Cytomegalovirus
87498	Enterovirus A
87498	Enterovirus B
87498	Enterovirus C
87498	Enterovirus D
87498	Enterovirus D68
87500	
	Vancomycin resistance Influenza A virus H1-2009
87501 87501	
87501	Influenza virus A H3
87501	Influenza virus B
87502	Influenza virus, multiple types or subtypes
87511	Gardnerella vaginalis
87529	Herpes simplex virus 1



87529	Herpes simplex virus 2
87532	Human herpesvirus 6
87541	Legionella pneumophila
87556	Mycobacterium tuberculosis
87563	Mycoplasma genitalium
87581	Mycoplasma pneumoniae
87591	Neisseria gonorrhoeae
87593	Monkeypox
87624	Human papillomavirus 16
87624	Human papillomavirus 18
87624	Human papillomavirus 45
87625	Human papillomaviruses 16, 18 & 45
87635	COVID-19
87640	Staphylococcus aureus
87641	Staphylococcus aureus, methicillin resistant
87651	Streptococcus pyogenes
87653	Streptococcus agalactiae
87661	Trichomonas vaginalis
87798	1546 Transposon
87798	ACC-4
87798	Acinetobacter baumannii
87798	Actinobaculum schaalii
87798	ACTM
87798	Adenovirus 1
87798	Adenovirus 2
87798	Adenovirus F40/41
87798	Aerococcus urinae
87798	Alloscardovia omnicolens
87798	ampC/CMY2
87798	AMPC1
87798	Anaerococcus vaginalis
87798	Astrovirus
87798	Atopobium vaginae
87798	Bacterial vaginosis associated bacterium 2
87798	Bacteroides fragilis
87798	Bacilus cereus
87798	BLASHV
87798	BLC
87798	Bocaparvovirus
87798	Bordetella holmesii
87798	Bordetella pertussis
87798 87798	Campylobacter coli
87798	Campylobacter jejuni Cfr23S
	Citrobacter freundii
87798	
87798	Citrobacter koseri
87798	Clostridium perfringens
87798	Clostridium septicum
87798	CMYMOX



87798	Coronavirus 229E
87798	Coronavirus HKU1
87798	Coronavirus NL63
87798	Coronavirus OC43
87798	Corynebacterium riegelii
87798	Corynebacterium striatum
87798	Corynebacterium urealyticum
87798	Coxiella burnetiid
87798	Cryptosporidium
87798	CTX-M1
87798	CTX-M2
87798	CTX-M8
87798	CTX-M9
87798	Cyclospora cayatanensis
87798	DFRA1
87798	DFRA5
87798	Entamoeba histolytica
87798	Enterobacter aerogenes
87798	Enterobacter cloacae
87798	Enterobacter cloacae complex 1
87798	Enterobacter cloacae complex 2
87798	Enterococcus faecalis
87798	Enterococcus faecium
87798	Epstein-Barr virus
87798	ERMA
87798	ERMB
87798	ERMB1
87798	ERMC
87798	Escherichia coli
87798	Escherichia coli enteroaggregative
87798	Escherichia coli enteropathogenic
87798	Escherichia coli enterotoxigenic
87798	Escherichia coli 0157
87798	Escherichia coli Shiga-like toxin 1 and 2
87798	Finegoldia magna/Peptostreptococcus magnus
87798	FOX (AmpC beta lactamase resistance)
87798	Fusobacterium necrophorum
87798	Fusobacterium nucleatum
87798	GES-1
87798	Giardia lamblia
87798	Haemophilus ducreyi
87798	Haemophilus influenzae
87798	Helicobacter pylori
87798	Hepatitis A
87798	Human metapneumovirus
87798	Human parechovirus
87798	Human respiratory syncytial virus A
87798	Human respiratory syncytial virus A
87798	Human rhinovirus 1
87798	Human rhinovirus 2

87798	IMP1
87798	IMP2
87798	Klebsiella oxytoca
87798	Klebsiella pneumoniae
87798	KPC2
87798	Lactobacillus crispatus
87798	Lactobacillus gasseri
87798	Lactobacillus iners
87798	Lactobacillus jensenii
87798	Listeria monocytogenes
87798	mcr-1
87798	Measles virus
87798	MECA
87798	MECC
87798	MEFA
87798	Megasphera 1
87798	Megasphera 2
87798	Middle East Respiratory Syndrome
87798	Mobiluncus curtisii
87798	Mobiluncus mulieris
87798	Moraxella catarrhalis
87798	Morganella morganii
87798	Mumps virus
87798	Mycoplasma hominis
87798	NDM-1
87798	Norovirus group 1
87798	Norovirus group 2
87798	OXA-48
87798	OXA-51
87798	Pantoea agglomerans
87798	Parainfluenza virus type 1
87798	Parainfluenza virus type 2
87798	Parainfluenza virus type 3
87798	Parainfluenza virus type 4
87798	Peptoniphilus harei
87798	Peptoniphilus ivorii
87798	Peptostreptococcus anaerobius
87798	Peptostreptococcus asaccharolyticus/ Peptoniphilus asaccharolyticus
87798	Peptostreptococcus prevotii
87798	PER-1
87798	Pneumocystis jirovecii
87798	Prevotella bivia
87798	Proteus mirabilis
87798	Proteus vulgaris
87798	Providencia stuartii
87798	Pseudomonas aeruginosa
87798	QNRA2
87798	QNRAB
87798	Rhinovirus A
87798	Rhinovirus B

87798	Rhinovirus C
87798	Rotavirus A
87798	Rotavirus B
87798	Rotavirus C
87798	Salmonella
87798	Sapovirus 1
87798	Sapovirus 2
87798	Serratia marcescens
87798	Severe acute respiratory syndrome coronavirus
87798	Shigella sonnei
87798	SHV2
87798	SHV2/SHV5
87798	Staphylococcal enterotoxins A,B
87798	Staphylococcus epidermis
87798	Staphylococcus lugdunensis
87798	Staphylococcus saprophyticus
87798	Streptococcus pneumoniae
87798	SUL1
87798	SUL2
87798	TetM
87798	TetS
87798	Treponema pallidum
87798	Ureaplasma urealyticum
87798	VANA1
87798	VANA2
87798	VanB
87798	Varicella zoster virus
87798	VEB-1
87798	Vibrio cholerae
87798	Vibrio parahemolyticus
87798	Vibrio vulnificus
87798	VIM-1
87798	Yersinia enterocolitica
87804	Influenza swab
G0471	Specimen collection, venous blood
G0480	Definitive drug testing, 1-7 drug classes
G0481	Definitive drug testing, 8-14 drug classes
G0482	Definitive drug testing, 15-21 drug classes
G0483	Definitive drug testing, 22 or more drug classes
P9603	Per Mile Travel
P9604	Flat Rate Travel
U0004	COVID-19
U0005	COVID-19



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### The False Claims Act ("FCA")

The following is cited from CMS website <u>https://downloads.cms.gov/cmsgov/archived-downloads/smdl/downloads/smd032207att2.pdf</u> The False Claims Act ("FCA") provides, in pertinent part, that:

- a. Any person who (1) knowingly presents, or causes to be presented, to an officer or employee of the United States Government or a member of the Armed Forces of the United States a false or fraudulent claim for payment or approval; (2) knowingly makes, uses, or causes to be made or used, a false record or statement to get a false or fraudulent claim paid or approved by the Government; (3) conspires to defraud the Government by getting a false or fraudulent claim paid or approved by the Government;... or (7) knowingly makes, uses, or causes to be made or used, a false record or statement to conceal, avoid, or decrease an obligation to pay or transmit money or property to the Government, is liable to the United States Government for a civil penalty of not less than \$5,000 and not more than \$10,000, plus 3 times the amount of damages which the Government sustains because of the act of that person
- b. For purposes of this section, the terms "knowing" and "knowingly" mean that a person, with respect to information
  (1) has actual knowledge of the information; (2) acts in deliberate ignorance of the truth or falsity of the information; or (3) acts in reckless disregard of the truth or falsity of the information, and no proof of specific intent to defraud is required.

31 U.S.C. § 3729. While the False Claims Act imposes liability only when the claimant acts "knowingly," it does not require that the person submitting the claim have actual knowledge that the claim is false. A person who acts in reckless disregard or in deliberate ignorance of the truth or falsity of the information, also can be found liable under the Act. 31 U.S.C. 3729(b).

In sum, the False Claims Act imposes liability on any person who submits a claim to the federal government that he or she knows (or should know) is false. An example may be a physician who submits a bill to Medicare for medical services she knows she has not provided. The False Claims Act also imposes liability on an individual who may knowingly submit a false record in order to obtain payment from the government. An example of this may include a government contractor who submits records that he knows (or should know) is false and that indicate compliance with certain contractual or regulatory requirements. The third area of liability includes those instances in which someone may obtain money from the federal government to which he may not be entitled, and then uses false statements or records in order to retain the money. An example of this so-called "reverse false claim" may include a hospital who obtains interim payments from Medicare throughout the year, and then knowingly files a false cost report at the end of the year in order to avoid making a refund to the Medicare program.

In addition to its substantive provisions, the FCA provides that private parties may bring an action on behalf of the United States. 31 U.S.C. 3730 (b). These private parties, known as "qui tam relators," may share in a percentage of the proceeds from an FCA action or settlement.

Section 3730(d)(1) of the FCA provides, with some exceptions, that a qui tam relator, when the Government has intervened in the lawsuit, shall receive at least 15 percent but not more than 25 percent of the proceeds of the FCA action depending upon the extent to which the relator substantially contributed to the prosecution of the action. When the Government



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does not intervene, section 3730(d)(2) provides that the relator shall receive an amount that the court decides is reasonable and shall be not less than 25 percent and not more than 30 percent.

The FCA provides protection to qui tam relators who are discharged, demoted, suspended, threatened, harassed, or in any other manner discriminated against in the terms and conditions of their employment as a result of their furtherance of an action under the FCA. 31 U.S.C. 3730(h). Remedies include reinstatement with comparable seniority as the qui tam relator would have had but for the discrimination, two times the amount of any back pay, interest on any back pay, and compensation for any special damages sustained as a result of the discrimination, including litigation costs and reasonable attorneys' fees.

If you have any questions concerning this notice or appropriate test use and ordering, please contact us at customerservice@tenhealthcare.com or (844) 836-3890.